

## **MAAK 'N VERSKIL – JOU LIGGAAM.**

PSALM 91

Corona tries to steal what God made good. No way has God wanted to reduce the amounts of people creating a virus.

Ons sal dalk moet kyk om voorsorg te tref hoe dienste gehou sal word wanneer ons in lockdown mag gaan...

**Sylvia Brown** se boeke sal nou soos soetkoek verkoop – “Self-described psychic and medium, author”. Op ouderdom van 77 op 20 Nov 2013 oorlede.

**Die Coronavirus het Italië in full lockdown.**

**Amerika stop alle vlugte van 27 Europese lande.**

**Oom Rykie Steyn – Israel se lughawens is toe.**

**Skole, museums, en ander besienswaardighede is gesluit. Die lande wat die mees geaffekteerd is is Italië (1200 mense reeds dood en oor die 10k infect), Irak, Suid-Korea (wat al 20k toetse op n dag doen) en natuurlik China.**

**5 dae terug het China die laaste tydelike hospitaal toegemaak in Wihun wat 'n teken is dat hul die virus oorwin en onder beheer het. Die ekstrimiste wil nie daarvoor rapporteur nie aangesien dit mos goeie nuus is.**

Daar word so baie oor die Corona gepraat. Vir **2000jr** verkondig ons al die Evangelie en almal het nog nie daarvan gehoor nie. Vir 1 maand praat mense oor die Corona en almal weet.

Die liefde het nie grense nie, so ook nie die Coronavirus nie.

Ek het gehoor van die coronavirus en wil graag die wereld toer.

Die een ou het gese dit is nou n week dat ek en my vrou van die huis af werk. Ek dink ons gaan mekaar dood maak voor die virus dit gaan regkry.

Ek het in die bank genies vandag. Dit is die meeste en beste aandag wat ek nog ooit van die bankiers ontvang het.

People with a cold - "I just want to stay in bed and do nothing, I feel terrible" People with Corona Virus - "I feel terrible, I think I will go skiing in Austria, visit the Eiffel Tower and maybe do some white water rafting in Camino de Santiago"

**Before Corona Virus I used to cough to cover a fart, now I fart to cover a cough.**

# Background

CDC is responding to an outbreak of respiratory disease caused by a novel (new) coronavirus that was first detected in China and which has now been detected in more than 100 locations internationally, including in the United States. The virus has been named “SARS-CoV-2” and the disease it causes has been named “coronavirus disease 2019” (abbreviated “COVID-19”).

On January 30, 2020, the International Health Regulations Emergency Committee of the World Health Organization (WHO) declared the outbreak a “[public health emergency of international concern](#)” (PHEIC). On January 31, Health and Human Services Secretary Alex M. Azar II declared a public health emergency (PHE) for the United States to aid the nation’s healthcare community in responding to COVID-19. On March 11, [WHO publicly](#) characterized COVID-19 as a pandemic. On March 13, the President of the United States declared the COVID-19 outbreak a [national emergency](#).

**Mense** met Heart disease , Diabetes ., Lung disease, is meer geneigd om siek te word met CoVID- 19

At this time, there **is no vaccine to protect against COVID-19** and no medications approved to treat it. Nonpharmaceutical interventions will be the most important response strategy to try to delay the spread of the virus and reduce the impact of disease.

## **CDC (centres for disease control and preventions) Recommends**

Everyone can do their part to help us respond to this emerging public health threat:

Individuals and communities should familiarize themselves with recommendations to protect themselves and their communities from getting and spreading respiratory illnesses like COVID-19.

Older people and people with severe chronic conditions should take special precautions because they are at higher risk of developing serious COVID-19 illness.

If you are a healthcare provider, use your judgment to determine if a patient has signs and symptoms compatible with COVID-19 and whether the patient should be tested. Factors to consider in addition to clinical symptoms may include:

Does the patient have recent travel from an affected area?

Has the patient been in close contact with someone with COVID-19 or with patients with pneumonia of unknown cause?

Does the patient reside in an area where there has been community spread of COVID-19?

If you are a healthcare provider or a public health responder caring for a COVID-19 patient, please take care of yourself and follow recommended infection control procedures.

If you are a close contact of someone with COVID-19 and develop symptoms of COVID-19, call your healthcare provider and tell them about your symptoms and your exposure. They will decide whether you need to be tested, but keep in mind that there is no treatment for COVID-19 and people who are mildly ill are able to isolate at home.

If you are a resident in a community where there is ongoing spread of COVID-19 and you develop COVID-19 symptoms, call your healthcare provider and tell them about your symptoms. They will decide whether you need to be tested, but keep in mind that there is no treatment for COVID-19 and people who are mildly ill are able to isolate at home.

For people who are ill with COVID-19, but are not sick enough to be hospitalized, please follow CDC guidance on how to reduce the risk of spreading your illness to others. People who are mildly ill with COVID-19 are able to isolate at home during their illness.

If you have been in China or another affected area or have been exposed to someone sick with COVID-19 in the last 14 days, you will face some limitations on your movement and activity. Please follow instructions during this time. Your cooperation is integral to the ongoing public health response to try to slow spread of this virus.

### **The Research**

Approximately 80% of U.S. women don't like how they look

34% of men are dissatisfied with their body

Over 50% of Americans aren't happy with their current weight

70% of normal weighted women want to be thinner

Over 80% of 10-year-olds are afraid of being fat

Only 4% of women around the world consider themselves beautiful

More than half of women globally (54%) agree that when it comes to how they look, they are their own worst beauty critic

### **We are in the middle of a body image crisis**

There's no other way to put it...

Men and women around the world are dissatisfied with their bodies.

It gets worse:

Because according to 2007 statistics from the World Health Organization (WHO), the United States has the highest prevalence of overweight adults in the English-speaking world.

**Here's the good news:**

The Bible offers a redemptive view of the human body. We reflect the image of God. We are fearfully and wonderfully made.

Dedicate this sermon series to helping your church see themselves through the eyes of their creator.

Related Bible Verses:

**Psalms 139:14** - 'I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well. '

**Genesis 1:27** - 'God created man in His own image, in the image of God He created him; male and female He created them. '

**Ephesians 2:10** - 'For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them. '

### **CORONA**

#### **Die Virus leer ons meer van ons eie swakehede as mens**

**Ps. 103:15–16** 'Die mens — soos die gras is sy dae; soos 'n blom van die veld, so bloei hy. As die wind daaroor gaan, is dit nie meer nie en sy plek ken hom nie meer nie. '

Ons is so swak da tons omgewaai word deur winde van situasies.

#### **Ons gelykheid**

Hierdie virus vra nie waste kleur of ras jy is nie.

In the eyes of the world, we're all different; in the eyes of the virus, we're just the same

#### **Is ons werklik in Beheer?**

Hierdie virus wys ons hoe min beheer ons het. Ons het geen beheer nie.

Ons is sosiale wesens en om in kwarantein geplaas te wees maak seer, baie seer. Lev. 13:45 – praat hier dat indien jy melaats is moet jy uitroep wanneer jy mense sien –

#### **Die verskil tussen geloof en vrees (faith and fear)**

Miskien daag hierdie virus ons uit om gelowig hierna te kyk en te verklaar omonwonde dat Jesus Christus nog in beheer is.

#### **Ons het nodig om te bid.**

Jou liggaam behoort aan God en is 'n temple vd HG, Bid vir jou liggaam en die liggame van jou kids.

Bid ook dat Jesus Christus sal terugkom. Ons verlang baie baie so bid!!!!

**Open 21:4** 'En God sal al die tranes van hulle oë afvee, en daar sal geen dood meer wees nie; ook droefheid en geweën en moeite sal daar nie meer wees nie, want die eerste dinge het verbygegaan. '

**Dalk wys die virus vir ons wat is werklik belangrik**